



Lindop School District

February
2024



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29	30	31	1 Breakfast Bowl Choice of Grain Cocoa Puffs Fun with D&J Crackers Juice Selection Fruit Selection Milk	2 Apple Jacks Apple Jacks Fun with D&J Crackers Juice Selection Fruit Selection Milk
5 Froot Loops Frosted Flakes Fun with D&J Crackers Juice Selection Fruit Selection Milk	6 Cheesy Ham Melt Cocoa Puffs Fun with D&J Crackers Juice Selection Fruit Selection Milk	7 Blueberry Loaf Frosted Flakes Fun with D&J Crackers Juice Selection Fruit Selection Milk	8 Cinnamon Cream Cheese Filled Bagel Fun with D&J Crackers Froot Loops Juice Selection Fruit Selection	9 Apple Jacks Cocoa Puffs Fun with D&J Crackers Juice Selection Fruit Selection Milk
12 Frosted Flakes Cocoa Puff Cereal Fun with D&J Crackers Juice Selection Fruit Selection Milk	13 Oatmeal made with water Cheese Stick (with Mini Donuts) Cinnamon Toast Crunch Cereal Fun with D&J Crackers Juice Selection Fruit Selection	14 Breakfast Sandwich Cinnamon Toast Crunch Fun with D&J Crackers Juice Selection Fruit Selection Milk	15 Choice of Mini Pancakes or Pancakes Apple Jacks Fun with D&J Crackers Juice Selection Fruit Selection	16 NO SCHOOL
19 NO SCHOOL	20 NO SCHOOL	21 Choice of Muffin Cheese Stick Frosted Flakes Fun with D&J Crackers Juice Selection Fruit Selection Milk	22 Breakfast Bowl Cocoa Puff Cereal Fun with D&J Crackers Juice Selection Fruit Selection Milk	23 Apple Jacks Frosted Flakes Fun with D&J Crackers Juice Selection Fruit Selection Milk
26 Frosted Flakes Apple Jacks Fun with D&J Crackers Juice Selection Fruit Selection Milk	27 Mini Waffles Apple Jacks Fun with D&J Crackers Juice Selection Fruit Selection Milk	28 Choice of Snackbread Cheese Stick Frosted Flakes Fun with D&J Crackers Juice Selection Fruit Selection Milk	29 Breakfast Bowl Choice of Grain Froot Loops Fun with D&J Crackers Juice Selection Fruit Selection Milk	

PRICES

EXTRA INFO

Milk(1% & Skim White, Skim Chocolate)
available daily
Assorted fruits available daily

HARVEST OF



THE MONTH

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29	30	31	1 Pasta with Meat Sauce Whole Grain Dinner Roll Roasted Broccoli Baby Carrots Mixed Canned Fruit Banana Milk Choice	2 Corn Dog Baked Beans, Vegetarian, Red/Orange Bell Pepper Applesauce Fresh Grapes Milk Choice
5 BBQ Chicken Legs Brown Rice Dinner Roll Green Beans Baby Carrots Peaches, Diced Banana Milk Choice	6 Beef Tacos, Soft Shell Salsa Spiced Pinto Beans Baby Carrots Applesauce Banana Milk Choice	7 Cheeseburger on a Bun Golden French Fries Steamed Peas Baby Carrots Pineapple Tidbits Banana Milk Choice	8 Lasagna Bake Garlic Toast Roasted Broccoli Red/Orange Bell Pepper Diced Pears Fresh Grapes Milk Choice	9 Cheese Pizza California Blend Vegetable Baby Carrots Pickled Beets Diced Pears Banana Milk Choice
12 Cheese Bosco Stick Marinara Sauce Potato Wedges, 1/2 cup Cherry Tomato Peaches, Diced Fresh Pear Milk Choice	13 Macaroni & Cheese Whole Grain Dinner Roll Roasted Broccoli Cherry Tomato Mixed Canned Fruit Fresh Pear Milk Choice	14 Crispy Chicken Nuggets Whole Grain Dinner Roll California Blend Vegetable Cherry Tomato Kale Salad Pineapple Tidbits Fresh Pear Milk Choice	15 Chicken Alfredo w/Pasta Whole Grain Dinner Roll Steamed Green Beans Cherry Tomato Applesauce Kiwi Milk Choice	16 NO SCHOOL
19 NO SCHOOL	20 NO SCHOOL	21 Beefy Nachos Salsa Refried Beans Cherry Tomato Pineapple Tidbits Fresh Grapes Milk Choice	22 Crispy Chicken Wrap Roasted Broccoli Cherry Tomato Applesauce Fresh Grapes Milk Choice	23 French Toast Sticks Sausage Patty Glazed Carrots Baby Carrots Cranberry Pear Salad Diced Pears Fresh Grapes Milk Choice
26 Grilled Ham & Cheese Sandwich Green Beans Baby Carrots Peaches, Diced Banana Milk Choice	27 Crispy Chicken Sandwich Black Beans Baby Carrots Mixed Canned Fruit Banana Milk Choice	28 Meatloaf Whole Grain Dinner Roll Mashed Potatoes Gravy Baby Carrots Pineapple Tidbits Banana Milk Choice	29 Crispy Chicken Tenders Dinner Roll Kung Fu Carrots Baby Carrots Applesauce Banana Milk Choice	

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